

Improv for Therapists

Questions or to register?
Email Lisa@LisaKays.com or
call 202-350-1640

***NO ACTING OR IMPROV
EXPERIENCE NEEDED!***

***Only experience being a
helper & human is required!***

This is for therapists who want to:

- Have fun;
- Learn about yourself and others in a supportive, playful environment;
- Connect with other helping professionals;
- Increase self-compassion and empathy for others;
- Explore different ways of being in work & life; and,
- Increase the spontaneity, authenticity, joy, and healthy risk-taking in your life & work.